

Delaware Health Care Commission
Thursday, September 1, 2016 9:00 AM
Delaware Tech Terry Campus Corporate Training Center
Rooms 400 A&B
100 Campus Drive, Dover

Meeting Minutes

Commission Members Present: Nancy H. Fan, MD, Chair; Susan A. Cycyk, M.Ed, Director of Prevention and Behavioral Health Services, Department of Services for Children, Youth and Their Families; Rita Landgraf, Secretary, Delaware Health and Social Services; Janice L. Lee, MD; Kathleen Matt, PhD; Edmondo J. Robinson, MD, MBA; Dennis Rochford; Karen Weldin Stewart, Commissioner, Department of Insurance

Commission Members Absent: Theodore W. Becker, Jr.; Thomas J. Cook, Secretary of Finance; Richard Heffron

Staff Attending: Laura Howard, Executive Director; Shebra Hall, Community Relations Officer

CALL TO ORDER

Chair Nancy Fan, MD called the meeting to order at 9:07 AM.

MEETING MINUTES APPROVAL – JUNE 2, 2016 and AUGUST 4, 2016

Dennis Rochford motioned and Edmondo J. Robinson, MD, MBA seconded to approve the June 2, 2016 and August 4, 2016 meeting minutes. Motion was carried.

MARKETPLACE UPDATE

- Sec. Rita Landgraf provided updates on Marketplace activities. Highlights included: the effects of premium tax credits in the US; premium increases in Delaware; Medicaid expansion; and topics in health care spending.
- Delaware Plan Management Updates:
 - The 2017 Qualified Health Plan (QHP) Issuer rate requests are in final review by the DOI and will be submitted to CMS. Also this month, DOI will release Premium Rate Information. In October, CMS will release list of certified QHPs for Plan Year 2017.
 - Open enrollment begins November 1, 2016 and ends January 31, 2017.
 - The QHP Standards Workgroup proposed change to the Quality Improvement Strategy section of the 2017 QHP Standards to reflect Senate Bill 238, which created the All Payer Claims Database (APCD). This Bill requires QHP issuers to submit claims data to the Delaware Health Information Network (DHIN). The formal public comment period will be held September 1 to September 30, 2016.

Discussion

- Dr. Lee wanted clarification of tax credits and what it means for consumers. Ms. Howard and Sec. Landgraf explained the application process, and what the outcomes can potentially be, considering income and cost sharing/metal levels. Dr. Fan also pointed out how various social determinants continue to contribute to the challenges of health care costs and access, but this work will continue year-round. Dr. Lee emphasized that as healthcare costs continue to rise, the work in health care innovation continues to be important.

- Nick Moriello, of Health Insurance Associates shared an update related to reconciliation of tax credits, regarding factors of eligibility and consumer access to “affordable” health insurance through their employer. He also suggested that in this enrollment year, more consumers are going to be anxious about the cost of rising premiums and those who are not receiving assistance are going to be more impacted by the increase in deductibles. Dr. Fan and Ms. Howard emphasized the importance of having the right language available to consumers, so they understand the ACA definition of specific eligibility requirements. Comm. Stewart highlighted that in spite of this; Delaware is one of the few states that has a competitive exchange market, with more than one insurance plan option.
- Joanne Hasse, of the League of Women Voters asked about a breakdown on the increase of prescription costs, pointing out that the government spends a lot on medications for cancer therapies, HIV treatments, and chronic disease. She suggested that we are spending more because people are living healthier longer, and that we need to keep that connection in mind. Sec. Landgraf added that the largest health spend is actually long-term support services, and shared results from recent reports on the costs of opioid addiction.
- Dr. Robinson pointed out that as a society, we are spending a significant amount on healthcare, but our system of healthcare is inefficient. Dr. Lee added that we need to look at our health outcomes, because though we are paying more in health care than other countries, we are less healthy.
- Jamie Nutter, of Parkowski, Guerke & Swayze, P.A., asked if there is a maximum for health insurance deductibles. Sec Landgraf, Ms. Howard, and Mr. Moriello answered that there is a maximum out-of-pocket expense for consumers, which changes every year to reflect the changes in the market rates. There are also changes to the Federal Poverty Level (FPL).

Action item:

- Add language to the ChooseHealthDE.com website on eligibility requirements, including standard definitions for terms like “affordable,” so that consumers are informed. Similar language should be clarified for employers, as well.

Further details and key dates can be found in the Marketplace presentation posted to the Health Care Commission website: http://dhss.delaware.gov/dhcc/dhcc_presentations.html

STATE INNOVATION MODEL (SIM) UPDATE

- Laura Howard provided updates on the CMMI State Innovation Models (SIM) Project. Highlights included: using the ChooseHealthDE.com website for Common Scorecard enrollment and webinars; insurance payers rolling out valued-based payment models; the DCHI Board has begun strategic planning to discuss goals and financial sustainability; and legislation on the Delaware Health Care Claims Database.
- The next two Community Forums will be on September 12th in Seaford, and October 17th in Wilmington.
- The DE Health Care Commission released an RFP on August 22nd for the Behavioral Health EMR Incentive Program.
 - View the full RFP and key dates on the <http://bids.delaware.gov> website.

- The DCHI Board has approved the “Implementation Plan for Behavioral Health Integration and the Consensus Paper on “Licensing and Credentialing Health Care Providers.”
 - Both Papers are available on the ChooseHealthDE.com website.
- Upcoming DCHI Meetings were announced. Please note, some of the meeting locations have changed.

Discussion

- Dr. Robinson asked if there is an expectation or requirement with the BH EMR Incentive applicants to connect with DHIN, and if so, is clinic content accessible? Dr. Lee answered that DHIN is able to connect with any standard certified EHR technology. However, some behavioral health content has special sensitivities to what information is accessible. Dr. Fan pointed out that the current pilot projects are addressing issues of consent barriers and misinformation, hoping to gain some helpful information on how this system will work.
- John Dodd, of Brooks & Dodd Consulting, addressed the need of addiction counseling and behavioral health needs support, particularly in Sussex County. Sec. Landgraf and Dr. Fan indicated that there is work being done to address the addiction epidemic, nation-wide and here in Delaware. They understand addiction support is a huge problem and the BH EMR integration can help with some of this in a variety of ways.
- Jim Lafferty, of the Mental Health Association, wanted to express his gratitude for the work being done on the BH EMR integration, however he did point out that patients have concerns about how their mental health data is accessed, and wanted to stress that it is important to educate patients about how critical this integration work is. Dr. Fan agreed, and indicated that there are several pilot models to help providers determine what works best in their practice, but all have patients at the center of care.
- Wayne Smith, of The Delaware Healthcare Association, expressed frustration over the perceived lack of transparency in the SIM grant spending and budgetary account. Dr. Fan reminded him that the SIM budgetary process was reviewed and presented in detail at a recent Health Care Commission meeting. Ms. Howard pointed out that CMMI requires quarterly reports that detail all SIM grant expenditures, and are available on the Health Care Commission website. Mr. Lafferty requested that the quarterly reports be presented at the Health Care Commission meetings going forward. His request was approved.
- Julane Armbruster, of DCHI, wanted to clarify that changes were made to the Consensus Paper on “Licensing and Credentialing Health Care Providers” based on recommendations that were made from public comment.

Action item:

- Include CMMI SIM Grant Quarterly Reports to the Health Care Commission webpage, and to be presented meetings, as available.

A copy of the full SIM update can be found on the Health Care Commission website:
http://dhss.delaware.gov/dhcc/dhcc_presentations.html

HEALTH CARE WORKFORCE LEARNING/RE-LEARNING CURRICULUM

Sarah LaFave, RN, BSN, of the University of Delaware, College of Health Sciences, presented *Health Transformation Through Innovative Training Tools: Enhancing Team-Delivered, Coordinated Care for Delawareans*. Ms. LaFave reminded us that the Workforce Committee, through DCHI, outlined a number of competencies and capabilities that are important for providers to have in the new changing healthcare landscape, also addressing how to reduce costs while improving health outcomes. The UD College of Health Sciences developed a curriculum to give healthcare providers the skillset needed to accomplish these goals, and will roll out by the end of the year. This curriculum is going to bring the expertise of the diverse team, best practices, and new technologies to the providers in the field and to their practices. Ms. LaFave encourages feedback and suggestions as they begin to roll out this curriculum, and also asks that we encourage providers to participate.

Discussion

- Dr. Fan inquired about online access to more information about this curriculum and registration. Ms. LaFave indicated that online information and registration is forthcoming, possibly on the DCHI or ChooseHealthDE.com websites. Dr. Fan indicated that although the work in this curriculum is a several-week commitment, there is no cost for providers to participate, and Ms. LaFave confirmed CME credits could be available.
- Cheyenne Luzader, of Beebe Medical Center asked if the curriculum is also suited for alternative health care therapist. Ms. LaFave confirmed that the Team is casting a wide net to be inclusive all of types of health care providers, and the in-person sessions are being offered throughout the state. Dean Matt emphasized that the 8 week webinars may be geared towards this population of providers. Ms. Luzader shared a flyer for a behavioral health conference on October 22nd.
- Emily Vera, of the Mental Health Association asked how this curriculum s going to be advertised to get providers engaged. Ms. Howard indicated that we going to leverage our communication avenues, using a partnership effort with the public meeting attendees around the room. We are utilizing the communication resources available to spread the word, so that advertising costs can be kept to a minimum. There was some discussion on how do providers best receive information on practice management and trainings such as these, and answers were varied. Ms. LaFave again encouraged the public to share this information broadly.
- Dean Matt reiterated the current state of healthcare delivery as inefficient and ineffective, and suggested that this learning/re-learning project is a way to address that. She proposed, if we really want to see healthcare transformation, there should be a “call to action;” providers should understand that this type of project is to their benefit.
- Maria Miller, of St. Francis LIFE, wanted to know if this work ties into national certification for PCMH. Ms. LaFave attested that it does not gain toward certification, but the concepts do overlap with PCMH goals. Dr. Fan affirmed that this type of curriculum will provide a skillset to their practice to help toward PCMH certification.
- There was some discussion about the importance of this type of workforce transformation and value-based programs, but there are challenges in getting healthcare practices engaged. In spite of these challenges and constant changes, we are ready to deliver the message, but there is still work to be done. Some suggestions included possibly using MACRA as a lever for engagement.

Action item:

- Spread the word about the work happening at UD College of Health Sciences and encourage the health professionals we encounter to participate in this Learning/Re-Learning process.

A copy of the full presentation can be found on the Health Care Commission website:
http://dhss.delaware.gov/dhcc/dhcc_presentations.html

DIMER/DIDER UPDATE

Dr. Fan mentioned that the Board of Directors for both DIMER and DIDER will be meeting in September, so there will be a discussion and update at the October Health Care Commission meeting. We will keep DIMER and DIDER funding and sustainability efforts as a top priority.

OTHER BUSINESS

- The State Loan Repayment Program (SLRP) Committee will be meeting on September 20th. Details for this public meeting will be on the Public Calendar.
- Susan Cycyk, of the Division of Prevention and Behavioral Health Services, and the Department of Services for Children, Youth and Their Families expressed gratitude to Sec. Landgraf for helping to get DPBH Medicaid state plan amendments approved. Dates for community meetings are forthcoming, and will be posted on the Public Calendar.
- Nick Moriello shared a flyer for a panel discussion on the opioid epidemic, hosted by the State Chambers, for employers. This free event will be held on September 20th at Nemours/AIDHC.
- Kristin Cosden, of the Developmental Disabilities Council shared that September is Childhood Cancer Month, and pointed out that childhood cancer treatment and research is underfunded and outdated, and to support this cause if you can. Gold is the color to support Childhood Cancer Awareness.
- Jonathan Kirch, of the American Heart Assoc./American Stroke Assoc. expressed gratitude to the Health Care Commission for supporting the work of the Stroke Care Task Force. He also mentioned the various Heart Health Walks throughout the state, asking for support if able.

NEXT MEETING

The next meeting of the Delaware Health Care Commission is Thursday, October 6, 2016, 9:00 AM, at the Delaware Tech Terry Campus Corporate Training Center, Rooms 400 A&B, 100 Campus Drive, Dover.

ADJOURN

The meeting adjourned at 11:00 AM.

GUESTS

Beth Altemus	Easter Seals
Corinne Armann	Rebecca Batson Kidner P.A.
Julane Armbruster	Delaware Center for Health Innovation
Helen Arthur	Delaware Health Care Commission
Janet Bailey	Hewlett Packard Enterprise
C. Bancroft	Delaware Tech Community College
Shannon Boyer	Mid-Atlantic Association of Community Health Centers
Jan Brunory	Department of Insurance
Judy Chaconas	Division of Public Health
Eschalla Clarke	Delaware Health Care Commission
Kathy Collison	Division of Public Health
John Dodd	BDC – Health IT
Marge Fleming-Smith	Michael J. Fox/PAN
Shannon Grace Gans	Bayada
Jerry Grant	Department of Insurance
Sheila Grant	AARP
Joann Hasse	League of Women Voters
Cheryl Heiks	Cozen O'Connor
Jonathan Kirch	American Heart Assoc./American Stroke Assoc.
Sarah LaFave	UD College of Health and Sciences
Jim Lafferty	Mental Health Assoc.
Robin Lawrence	Delaware Health Care Commission
Lolita Lopez	Westside Family Healthcare
Cheyenne Luzader	Beebe
Fleur McKendall	Department of Insurance
Amy Miller	St. Francis LIFE
Maria Miller	St. Francis LIFE
Nick Moriello	Health Insurance Assoc.
Sue Myers	IPRO Care Coordinator Systems
James D. Nutter	Parkowski, Guerke and Swayze
Maria Pippidis	UD Cooperative Extension
Pam Price	Highmark DE
Frank Pyle	Department of Insurance
Karyl Rattay	Division of Public Health
Paula Roy	Roy Assoc./DC SN
Justina Sapna	Delaware Tech Community College
Wayne Smith	Delaware Healthcare Assoc.
Karen Stover	Highmark DE
Joanna Suder	Department of Justice
Mark Thompson	Medical Society of Delaware
Emily Vera	Mental Health Assoc.